

PROFILE - ALTHEA WALTERS

Althea Walters is a Trainer, Productivity Coach, Business Manager and Speaker, who holds a Masters degree in Human Resource Development from the University of the West Indies, Mona. She is also a certified Change Process Practitioner (PROSCI), and also certified in Organization Design from the Arthur Lok Jack School of Business.

With a deep passion for helping people to get on track to achieve their life goals, it was no coincidence that Althea created MY GOAL TRACKER, a Goal Planning Workbook and Coaching Service that guides persons to take bold and consistent actions in achieving their personal life goals.

Through her Corporate Training Programmes at BLAZING BEYOND, she works closely with small to Large Businesses in Jamaica and the Caribbean in training and coaching their Leaders and Employees in improving Productivity and Leadership to help achieve Business Goals. Althea also coaches Entrepreneurs and Online Coaches in Maximizing their Productivity and Focus in order to achieve their life and business goals.

Althea volunteers with the Girl Guides Association of Jamaica and holds the role of International & Programmes Commissioner.

She strongly believes in the statement: “We are what we repeatedly do. Excellence, then, is not an act, but a habit.”

Althea Walters

Email: althea@beyondbananas.net

www.blazingbeyond.com | [@blazingbeyond](#) |

[@mygoaltracker](#)