

BLAZING BEYOND TRAINING



The Confident & High Performing Leader

4 - 6 WEEKS 1:1
COACHING PROGRAMME

"MOVING YOU FROM WHERE
YOU ARE TO WHERE YOU
NEED TO BE"

EMAIL:
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www.blazingbeyond.com | Tel: 1-876-579-5384



About Your Coach



Althea Walters - Founder of Blazing Beyond - is a Trainer, Coach, Business Manager, Author and Speaker who holds a Masters degree in Human Resource Development from the University of the West Indies, Mona. She is also a certified Change Process Practitioner (PROSCI), and also certified in Organization Design from the Arthur Lok Jack School of Business.

With a deep passion for helping people to plan and get on track to achieve their life goals, it was no coincidence that Althea created **MY GOAL TRACKER**, a Goal Planning Workbook that guides persons to take bold and consistent actions in achieving their personal life goals.

Althea volunteers with the Girl Guides Association of Jamaica and holds the role of International & Programmes Commissioner.

Althea continues to make profound impact through her Corporate Trainings and 1:1 Coaching Programmes, as experienced and shared by her clients.

She strongly believes in the statement "We are what we repeatedly do. Excellence, then, is not an act, but a habit."

About The Coaching Programme

"To guide and support individuals and groups to identify areas of growth and development, to broaden their horizon and outlook, unblock stoppers and challenges and to un-earth hidden potential.

This will enable each individual to achieve their purpose and goals, and will result in overall improvement in their job performance and success in life."



Benefits of the Coaching Programme

BENEFITS *The Confident & High Performing Leader*

1. **Enhance Your Professional Career!**
2. **Improve Your Personal Brand as a Leader**
3. **Improve Your Leadership Effectiveness & Focus**
4. **Maximize Your Productivity and Performance**
5. **Show up Boldy and Confidently in Your Leadership and Work!**

The Confident & High Performing Leader

Key Areas of Coaching Programme

Become a Focused Leader. Declutter/Organize your mind so you can think and plan clearly

Prioritize and Build in Processes to Manage your deliverables so you plan your work effectively & Maximize Your Time

Improve Your Performance & Better Manage Your team

Puts you in control by reducing overwhelm and increasing Focus

Build Your Confidence to Lead!



Performance

Testimonials - Coaching Programme

The Confident & High Performing Leader

I Always considered myself to be organized and in control. Then I was recommended to Althea Walters. One of the best experiences. Never realized I needed a Coach until I got one. A very beneficial experience both personally and professionally, led by an awesome coach! - S. Spence



"During my coaching calls with Althea I was able to unlock my true potential. I believe that without her help I would have remained 'stuck' and in a place of overwhelm. But I can now go forward with clarity and a structure and flow of how to better manage my day to day and lead my team. Althea is an exceptional coach. She is very warm and friendly. I would therefore recommend her to anyone wishing to move their personal and professional life forward. It is indeed a great investment."

- J. Bailey

Coaching Packages

The Confident & High Performing Leader



"Boost Your Productivity & Performance"

4 Coaching Calls (One on One)
(Starter Package)

45mins - 1 Hour Weekly for 4 weeks
US\$ 350.00 or J\$ 50,000.00 per person

Performance

"High Performance Productivity Power Pack"

6 Coaching Calls (One on One)
(Great Pick to Embed New Behaviours and Learning!)

45mins - 1 Hour Weekly for 6 weeks
US\$ 450.00 or J\$ 65,000.00 per person

BOOK

NB. Coaching Programmes are offered Monthly and begins in the First Week of Every Month; Programme occurs on Tues - Fridays of Each Week from 9:00am - 10:00am Weekly

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