

BLAZING BEYOND TRAINING



Boost Your Productivity & Performance!

4 WEEKS 1:1 COACHING
PROGRAMME

"MOVING YOU FROM WHERE
YOU ARE TO WHERE YOU
NEED TO BE"

EMAIL:
ALTHEA@BLAZINGBEYOND.COM

www.blazingbeyond.com | Tel: 1-876-579-5384

Available in the Caribbean



About Your Coach



Althea Walters - Founder of Blazing Beyond - is a Trainer, Coach, Business Manager, Author and Speaker who holds a Masters degree in Human Resource Development from the University of the West Indies, Mona. She is also a certified Change Process Practitioner (PROSCI), and also certified in Organization Design from the Arthur Lok Jack School of Business.

With a deep passion for helping people to plan and get on track to achieve their life goals, it was no coincidence that Althea created **MY GOAL TRACKER**, a Goal Planning Workbook that guides persons to take bold and consistent actions in achieving their personal life goals.

Althea volunteers with the Girl Guides Association of Jamaica and holds the role of International & Programmes Commissioner.

Althea continues to make profound impact through her Corporate Trainings and 1:1 Coaching Programmes, as experienced and shared by her clients.

She strongly believes in the statement "We are what we repeatedly do. Excellence, then, is not an act, but a habit."

About The Coaching Programme

"To guide and support individuals, leaders and groups to identify areas of growth and development, to broaden their horizon and outlook, unblock stoppers and challenges and to un-earth hidden potential.

This will enable each individual to achieve their purpose and goals, and will result in overall improvement in their job performance and success in life."



Benefits of the Coaching Programme

BENEFITS

- 1. Enhance Your Professional Career!**
- 2. Improve Your Personal Brand**
- 3. Improve Your Effectiveness & Focus**
- 4. Maximize Your Productivity and Performance**
- 5. Show up Boldy and Confidently in Your Leadership and Work!**

Boost Your Productivity & Performance

Key Areas of Coaching Programme

Become more Focused. Declutter/Organize your mind so you can think and plan clearly

Prioritize and Build in Processes to Manage your deliverables so you plan your work effectively & Maximize Your Time

Improve Your Performance & Better Manage Your self or team

Puts you in control by reducing overwhelm and increasing Focus

Increase Your Organization Skills and Overall Effectiveness!



Testimonials - Coaching Programme

I Always considered myself to be organized and in control. Then I was recommended to Althea Walters. One of the best experiences. Never realized I needed a Coach until I got one. A very beneficial experience both personally and professionally, led by an awesome coach! - S. Spence



"During my coaching calls with Althea I was able to unlock my true potential. I believe that without her help I would have remained 'stuck' and in a place of overwhelm. But I can now go forward with clarity and a structure and flow of how to better manage my day to day and lead my team. Althea is an exceptional coach. She is very warm and friendly. I would therefore recommend her to anyone wishing to move their personal and professional life forward. It is indeed a great investment."

- J. Bailey

Coaching Packages

"Individual Coaching Package 1:1"

4 Coaching Calls (One on One)

(Great Pick for dedicated Attention & to Embed New Behaviours and Learning!)

45mins - 1 Hour Weekly for 4 weeks
US\$ 350.00 or J\$ 50,000.00 per person

"Group Coaching Package" (3 to 5 persons)

4 Coaching Calls (Group)

(Starter Package)

45mins - 1 Hour Weekly for 4 weeks
US\$ 1,200.00 or J\$ 180,000.00 per Group

NB. Coaching Programmes are offered Monthly and begins in the First Week of Every Month; Programme occurs on Tues - Fridays of Each Week between the hours of 9:00am - 11:00am OR 5:00pm - 7:00pm Weekly via ZOOM. Book by the 25th of each month!

BOOK

Email: althea@blazingbeyond.com/admin@blazingbeyond.com

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